

EMPLOYMENT EXPERIENCE

Undergraduate and graduate students have the opportunity to gain experience in the following areas:

- Fitness testing
- Health promotion programs
- Corporate and commercial fitness center operations
- Special population programs
- New member orientations
- Fitness center programs
- Exercise recommendations
- Incentive programs
- Equipment orientations
- Special event planning
- Sales & Marketing

Students will be exposed to a variety of corporate cultures and will gain comprehensive, hands-on experience necessary to enter the job market.

INTERNSHIP OPPORTUNITIES

TriHealth Preventive Health Systems currently offers several types of internships:

- Athletic Training
- On-site Corporate Fitness & Health Promotion
- Medically-based Fitness Center
- Health Promotion/Wellness
- Child Development/Children's Recreation
- Recreation (Adult and Child)
- Fitness Business Management
- Marketing, Sales, Promotion & Communication
- Day Spa Management

We hope you will join us!

TRIHEALTH PREVENTIVE HEALTH SYSTEMS

Since 1980, TriHealth Corporate Health Services has been committed to delivering health and fitness services to businesses and industries. Our goal is to help reduce the impact of employee injury and illness on productivity and profits.

More than 6,000 area companies have chosen TriHealth to provide health programs for their employees.

Preventive Health Systems is a division of TriHealth Corporate Health Services. Preventive Health Systems manages fitness centers and provides health and wellness programming and services to our corporate clients.

HEALTH PROMOTION

Preventive Health Systems provides consultative-management and health-behavior modification services that include:

- Health Risk Appraisals
- Health Education Events
- Exercise Consultations
- Health Fairs
- Health Screenings

GE Aircraft Engines, Procter & Gamble, City of Montgomery, AK Steel and Siemens are just a few of our many client companies.

FITNESS CENTER MANAGEMENT

TriHealth Preventive Health Systems manages corporate and commercial fitness centers ranging from 2,500 to 110,000 square feet. Our clients include large and small companies with a variety of corporate cultures. Our commercial sites are upscale, state-of-the-art facilities serving the Greater Cincinnati area.

Our fitness centers include:

- Patheon Pharmaceuticals
 - Bethesda Hospital
 - GE Aircraft Engines
 - Good Samaritan Hospital
 - Village of Evendale
 - Luxottica Retail
 - YWCA
 - Procter & Gamble
 - TriHealth Fitness & Health Pavilion
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PREVENTIVE HEALTH SYSTEMS STAFF

- The Preventive Health staff consists of more than 200 professionals with specialized areas of expertise.
- 70% of full-time staff hold a Master's Degree
- 45% of our scheduled part-time and full-time staff are former TriHealth interns.

***INTERNSHIP
SESSIONS***

Spring: January – April
Application deadline Dec. 1

Summer: May – August
Application deadline April 1

Fall: Sept. – Dec.
Application deadline Aug. 1

*Session dates may be adjusted for
semester and quarter schedules.*

***To Request Application Materials
Contact:***

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**TriHealth
Preventive
Health
Systems**

*Internship
Program*