

**Hours of Operation**  
**Monday-Thursday 5:15 a.m.-10:00 p.m.**  
**Friday 5:15 a.m.-9:00 p.m.**  
**Saturday 7:00 a.m.-7:00 p.m.**  
**Sunday 7:00 a.m.-6:00 p.m.**  
[www.trihealthpavilion.com](http://www.trihealthpavilion.com)  
**Pavilion Front Desk 985-0900**  
**Aquatics Department 985-6730**



## Main Pool Schedule August 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
POOL OPENS 7:00 a.m. Lap Swim	POOL OPENS 5:15 a.m. Lap Swim	POOL OPENS 5:15 a.m. Lap Swim	POOL OPENS 5:15 a.m. Lap Swim	POOL OPENS 5:15 a.m. Lap Swim	POOL OPENS 5:15 a.m. Lap Swim	POOL OPENS 7:00 a.m. Lap Swim
	Deep Water 9:15-10:15		Deep Water 9:15-10:15		Deep Water 9:15-10:15	
			Deep/Cardio Blast 9:45-10:45	Lap Swim	Deep/Cardio Blast 9:45-10:45	Lap Swim
Deep Water Workout 12:30-1:30	Functional Fitness 1:00-2:00	Lap Swim	Functional Fitness 1:00-2:00	Lap Swim		Fitness For Two 12:00-12:45
Lap Swim	Lap Swim		Lap Swim			Fitness For Two 5:30-6:30
*Family Swim 2:00-4:00			Fitness For Two 5:30-6:30	Fitness For Two 5:30-6:30		*Family Swim 5:00-7:00
		Deep Water 6:30-7:30		Deep Water 6:30-7:30		
POOL CLOSSES 6:00 p.m.	POOL CLOSSES 10:00 p.m.	POOL CLOSSES 10:00 p.m.	POOL CLOSSES 10:00 p.m.	POOL CLOSSES 10:00 p.m.	POOL CLOSSES 9:00 p.m.	POOL CLOSSES 7:00 p.m.

- Two (2) lanes will be available for lap swimming during scheduled activities.
- Members are allowed to use the main pool during scheduled activities if space is available; however, scheduled programs have priority.
- Special programs and off-hour pool rentals will be scheduled in the lap pool.
- Water temperature is between 80 and 82 degrees.
- Non-member passes are available for all classes. \$120.00 for 10 classes, \$15.00 per trial class.
- **\*Family Swim will occur in Main pool and Warm Water pool only during inclement weather during the summer. Friday 5:00-7:00 p.m., Saturday 3:30-5:30 p.m., and Sunday 2:00-4:00 p.m.**