

Sports Arena Schedule

Effective July-August 2010

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 a.m.							
6:00 a.m.		Boot Camp 1/2 court		Boot Camp 1/2 court			
7:00 a.m.		6:00 a.m.-7:00 a.m.		6:00 a.m.-7:00 a.m.		* Family Gym	* Family Gym
8:00 a.m.						7 a.m.- 9 a.m.	7 a.m.- 10 a.m.
8:30 a.m.					Recess Class (near court)	Far court	Far court
9:00 a.m.					8:45-9:45 a.m.		
9:30 a.m.	Recess Class (near court)						
10:00 a.m.	9:15-10:15 a.m.						
10:30 a.m.	Mens Pick up Basketball		Mens Pick up Basketball		Mens Pick up Basketball		
11:00 a.m.	(ages 25 and over)		(ages 25 and over)		(ages 25 and over)		
12:00 a.m.	10:30-12		10:30-12		10:30-12		
1:00 p.m.							*Family Gym
1:30 p.m.							1:00-4:00 p.m.
2:00 p.m.						*Family Gym	(Both courts)
3:00 p.m.							
3:30 p.m.		Xtreme Junior Gym		Xtreme Junior Gym		2:00-5:00 pm	
4:00 p.m.		3:30- 4:30 1/2 court		3:30- 4:30 1/2 court		Far court	
4:30 p.m.		Ages 8-12 years		Ages 8-12 years		used by families	
5:00 p.m.							
5:30 p.m.							
6:00 p.m.							
6:30 p.m.							
7:00 p.m.				Pick up volleyball			
7:30 p.m.				April 1- June 30			
8:00 p.m.				6:00 p.m.-10:00 p.m.			
8:30 p.m.							
9:00 p.m.							
9:30 p.m.				Far court			
10:00 p.m.							



Adult Basketball- For members and guests ages 18 and over. Special guest rates available, call 985-6747 or ask at the front desk.

Open Basketball/Open Gym- For members and guests 14 and over

***Family Time-** Families with children (under the age of 14) can play in the gym. Any child under the age of 14 must be accompanied by a parent during this time.

Girl's volleyball- Mondays Dec. 7-Jan. 25, 2010

Volleyball: Adult co-ed 6 person league Thursdays Jan. 7 through Mid March 2010

Xtreme Junior Gym- 1/2 court pick up games for ages 8- 12 years